

COMPREHENSIVE ASSESSMENT



ASSESSMENT INFORMATION

Assessment Date: _____ Name: _____

DOB: _____ Insurance: _____

Contact #: _____ Contact Type: _____

Assessment Site: _____

Referred By: _____

Comments:

CLIENT ISSUE

Presenting Problem: _____

Expectations: _____

Service Preferences or Objections to Treatment Interventions: _____

Are there any language or Literacy barriers? _____

List of Persons at interview: _____

Are you currently on FMLA or Short-Term Disability? _____

Are there any other involved service providers i.e. Physicians, therapists etc.? _____

Provider	Dates	Reason For Treatment	Current?

COMPREHENSIVE ASSESSMENT

EDUCATION INFORMATION

Are you currently enrolled in school ? _____

How many months has it been since you last attended ? _____

What is your current grade level / degree level? _____

What type of school do you attend ? _____

Have you had excused absences ? _____

Have you had tardies ? _____

Have you skipped and if so, how many of the last 90 days have you skipped ? _____

Have you been suspended and if so, why? _____

Have your grades dropped over the past 12 months? _____

Are you involved with any extracurricular activities? _____

Has your participation in these activities changed over the past 12 months? _____

How bothered are you by any problems that relate to school or your education?

EMPLOYMENT

Are you currently employed? _____

What type of employment? _____

How many of the last 12 months have you been employed? _____

In the last 12 months, have you used alcohol or substance at work or been in withdrawal at work? _____

Have you performed badly at work? _____

COMPREHENSIVE ASSESSMENT

Have you skipped or cut work? _____

Have you fought or gotten into arguments at work? _____

Have you been hurt or injured at work ? _____

Have you come in late or left early from work ? _____

Have you been suspended or terminated from a job in the last 12 months ? _____

How bothered are you by any issues or problems that relate to your employment or employment status ? _____

LIVING ENVIRONMENT

What has been your primary type of residence for the past 90 days? _____

How many years have you lived at your current address ? _____

With whom do you live (names, ages and relationship to client)? _____

Are you satisfied with your living arrangement ? _____

FAMILY PROFILE

Is there anyone in your life that you feel significantly influences the way you think, feel or behave and if so who are they and what is your relationship with this person? (Please list all with relationship, age, household member etc.)

Does your family help and support one another and if so how ? _____

How much do the members of your household fight or argue? _____

How much do the members of your family participate in activities together? _____

Do you have a parent, partner or caregiver that you can confide in? _____



COMPREHENSIVE ASSESSMENT

SPIRITUALITY

Do you have any specific religious or spiritual beliefs ? _____

Do you spend time practicing your beliefs ? _____

SOCIAL RELATIONSHIPS

How many close friends do you have?

Do your friends use drugs or alcohol ? _____

Are you sexually active ? _____

Do you use protection and if so, what type? _____

Within the past 12 months have you: (Please get as much detail as possible)

Threatened anyone ? _____

Threatened anyone with a weapon ? _____

Hurt anyone, even if it were by accident ? _____

Within the past 12 months have you: (Please get as much detail as possible)

Been bullied ? _____

Been threatened with harm ? _____

Been threatened with a weapon ? _____

Been injured ? _____

How bothered have you been by issues relating to your peer group and or social circle ? _____

LEGAL INVOLVEMENT

Are you currently on probation or parole or awaiting charges ? _____

Have you ever been arrested ? _____

COMPREHENSIVE ASSESSMENT

Have you been arrested within the past 90 days and if so, how many times and what charges? _____

GENERAL HEALTH

Do you suffer from a chronic or painful medical condition and if so, what is it? _____

Do you have any difficulty sleeping? _____

How many hours of sleep do you average? _____

Do you have any difficulties eating? _____

How many meals do you eat each day? _____

Do you use diuretics or emetics to lose weight? _____

Have you experienced any significant weight loss or gain over the past 30 days and if so, please describe? _____

Have you experienced any head trauma or concussive injuries and if so, when? _____

Do you have any allergies to medications? _____

Are you currently taking any medications? _____

Medication	Dosage	Frequency	Strength	Compliant?

Have you been in a medically controlled environment within the past 12 months? _____

How many of the past 30 days have you been in a medically controlled environment? _____

Do you currently receive financial support for a disability? _____

What is the disability? _____

Does this disability interfere with your activities of daily living, and if so, how? _____



COMPREHENSIVE ASSESSMENT

HIV/HepC SCREENING QUESTIONS

Have you ever injected drugs ?

Have you ever shared injecting equipment ?

Have you ever snorted drugs ? _____

Have you shared equipment for snorting ? _____

Do you have any tattoos or piercings ? _____

Have you had unprotected sex of any kind, (vaginal/ oral/anal penetration) without condoms or latex barrier? _____

Have you had unprotected sex with someone known to inject drugs? _____

How bothered are you by any problems you may be experiencing with a physical health problem? _____

MENTAL HEALTH AND TREATMENT HISTORY

How many times have you been treated in a hospital or residential setting for mental or emotional problems ? _____

Have you been treated for these issues in an outpatient setting? _____

Facility	Reason for Admit	Diagnosis Applied	Dates of stay	

Have you ever had thoughts of killing yourself ? _____

Have you ever made a plan ? _____

Have you ever attempted, if so, how and when ? _____

Have you ever had thoughts of killing another person? _____

Have you ever made a plan ? _____

COMPREHENSIVE ASSESSMENT



Have you ever attempted, if so, how and when ? _____

Has anyone close to you committed suicide ? _____

CLINICIAN OBSERVATION

Clinicians Observations of Client Affect	None	Slight	Moderate	Considerable	Extreme
Abnormal Affect					
Abnormal Appearance					
Abnormal Behavior					
Abnormal Speech or Language					
Abnormal thought process or content					
Anxiety					
Delusional Symptomology					
Depressed Mood					
Difficulty with Alertness					
Dissociative Symptomology					
Elevated Mood					
Hallucinations					
Hostility					
Hyperactive / Easily Distracted					
Impaired Insight					
Impaired Judgment					
Interpersonal Isolation					
Impulsiveness					
Intoxicated					
Poor Eye Contact					
Poor Grooming					
Shame or Guilt					
Uncooperativeness					

COMPREHENSIVE ASSESSMENT



Are you now, or have you in the past been dealing with any of the following:

MH Screening

Symptom	Never	Past 30 Days	Past 6 – 12 Months	Lifetime
Unbearable sadness				
Loss of pleasure in activities				
Feeling worthless or overly guilty				
Unable to think, concentrate or make decisions				
Difficulty managing anger				
Excessive energy or racing thoughts				
Talking non stop				
Risky behaviors				
Preoccupied with sex				
Compulsive or OCD behaviors				
Excessive anxiety and worry				
Difficulty managing day to day life				
Believed anything is doable				
Heard voiced no one else hears				
Seen things no one else sees				
Felt people had something against you				
Believed someone was trying to influence your thoughts or behaviors				
Serious thoughts of cutting, carving or burning (self – harm)				
Have you self - harmed				

How bothered have you been by any issues relating to your thoughts or feelings? _____

SUBSTANCE USE/ABUSE HISTORY

Have you ever used alcohol or other drugs? _____

Substance	Route of Administration	Frequency of Use / Amount	Age at First Use	Date Last Used	How Many Years Used Regularly

COMPREHENSIVE ASSESSMENT

Have you ever been in treatment? _____

Facility and Location	Residential or Outpatient	Detox Only	Dates of Treatment	AA/NA

Are you dealing with any of the following as they relate to substance use/withdrawals?

Symptom	Never	Last 30 Days	Last 6 -12 Months
Shakes or Tremors			
Blackouts			
Memory Lapses			
Cravings			
Vomiting			
Nausea			
Profuse Sweating			
Hallucinations (visual, auditory, tactile)			
Seizures			
Delirium Tremens (DT's)			
Anxiety			
Headaches			

Do you use tobacco products ? _____

What form and how frequently ? _____

COMPREHENSIVE ASSESSMENT

In the past 30 days, how much money have you spent on substances including alcohol tobacco products ? _____

Have you ever been injured or caused injury to another person while you were impaired ? _____

In the last 30 days, how many days have you used nothing at all ? _____

How bothered are you by any issues that relate to using substances ? _____

CLINICAL SUMMARY AND WRAP UP:

Rate the following areas on a scale of 1 – 5, 1 being “not a problem at all” and 5 being “an extreme problem”. Then, take any rated 3 or higher and include in the development of your treatment plan.

Summary of Severity Scores	1	2	3	4	5
Education / Employment Severity					
Family / Social Severity					
Legal Status Severity					
Medical Status Severity					
Substance Status Severity					
Mental Health Status Severity					

CLINICIAN’S SUMMARY NARRATIVE WITH DSM V CODES: _____

UA DATE AND RESULTS: _____

RECOMMENDED LEVEL OF CARE:

Inpatient/ Mental Health	Partial Hospitalization	Intensive Outpatient	Residential Treatment	Individual Therapy

Clinician with credentials: _____

Date: _____

Time: _____